



— EPIC DISCIPLESHIP —

Thank you



SYMBIS

SAVING YOUR MARRIAGE BEFORE IT STARTS

A S S E S S M E N T

a growing and
psychological health
s you with promising
tempt you from
d news? Your strong
what you'll learn during
all you can out of this



CHRIS

RESOLUTE MINDSET

97% 0 Caution Flag(s)

AFFIRMING SPOUSE

DYNAMICS

Relationship
Wedding Date
Relationship Status
Previous Marriages
Number of children
Expecting a child
Length of dating relationship
Stability of dating relationship
Long distance relationship

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- 1. Obtain a clear picture of your
- 2. Gain new insights into your pe
- 3. Gain new skills to strengthen yo

Our Marriage Before It Starts (SYMBIS) book and His/Her Workbook
to augment your experience with this report—however, it's not
small prompt on some pages will point you to relevant chapters.
www.store.LesandLeslie.com

SYMBIS
ASSESSMENT

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SESSION 1

Mindset and Wellbeing





OVERVIEW: MARRIAGE MOMENTUM

Congratulations! Your relationship has strong momentum for a growing and thriving marriage. The combination of your mindsets, your psychological health as individuals, and your compatibility as a couple, provides you with promising vitality for lifelong love. Beware, however, this does not exempt you from bumps in the road – that's part of married life. The good news? Your strong momentum puts you in a prime place for maximizing what you'll learn during your SYMBIS Assessment. Use your momentum to get all you can out of this experience.



TONI



CHRIS

ROMANTIC MINDSET



RESOLUTE MINDSET

3 Caution Flag(s) 88%



97% 0 Caution Flag(s)



COOPERATING SPOUSE



AFFIRMING SPOUSE



The Saving Your Marriage Before It Starts (SYMBIS) book and His/Her Workbook Set can be used to augment your experience with this report-however, it's not required. A small prompt on some pages will point you to relevant chapters. Learn more: www.store.LesandLeslie.com

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MARRIAGE MOMENTUM

The aggregate score on your entire report

NAT AVG: 15% LOW 65% MEDIUM 20% HIGH

OUR AVG: 0% LOW 25% MEDIUM 75% HIGH

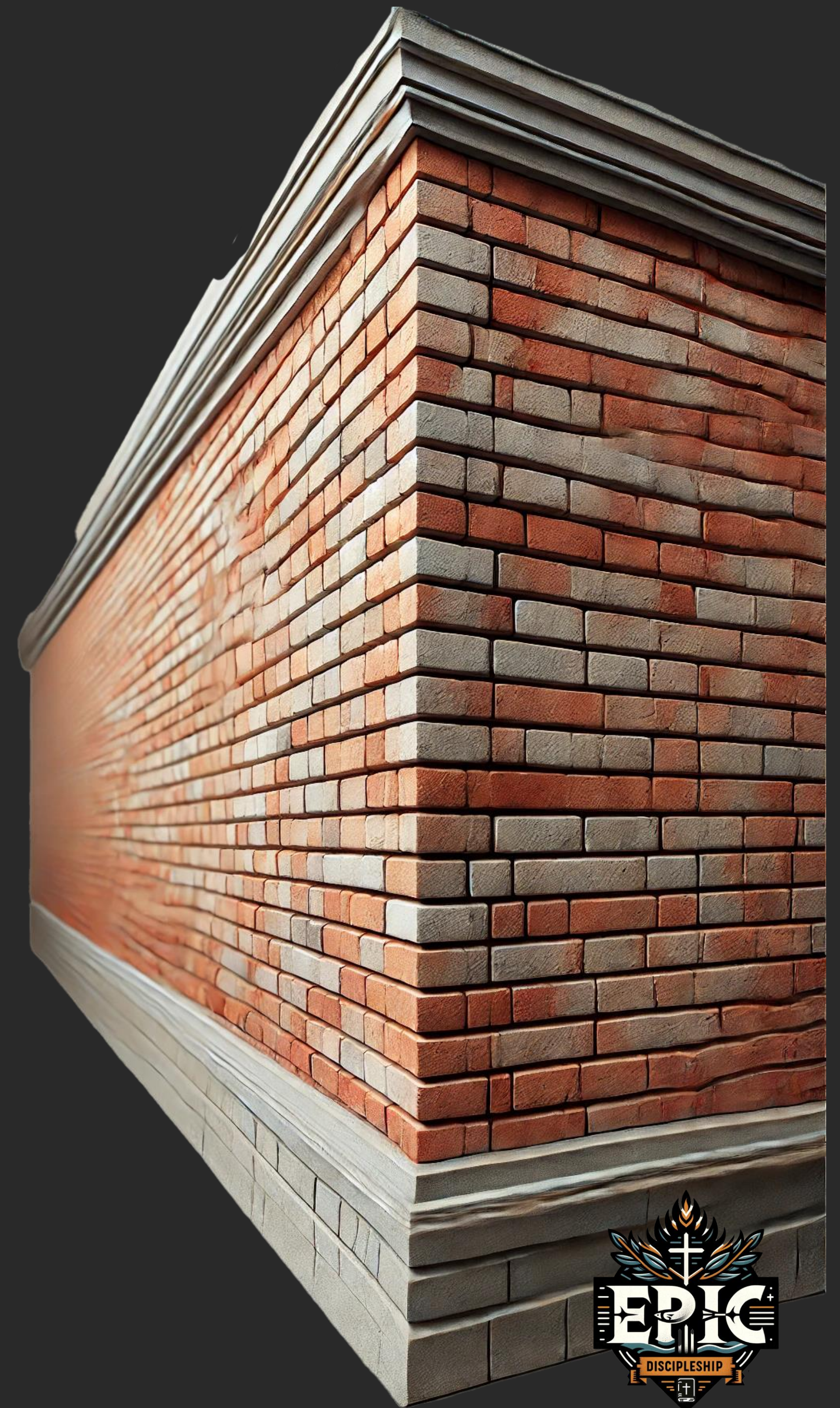


Laws of Motion

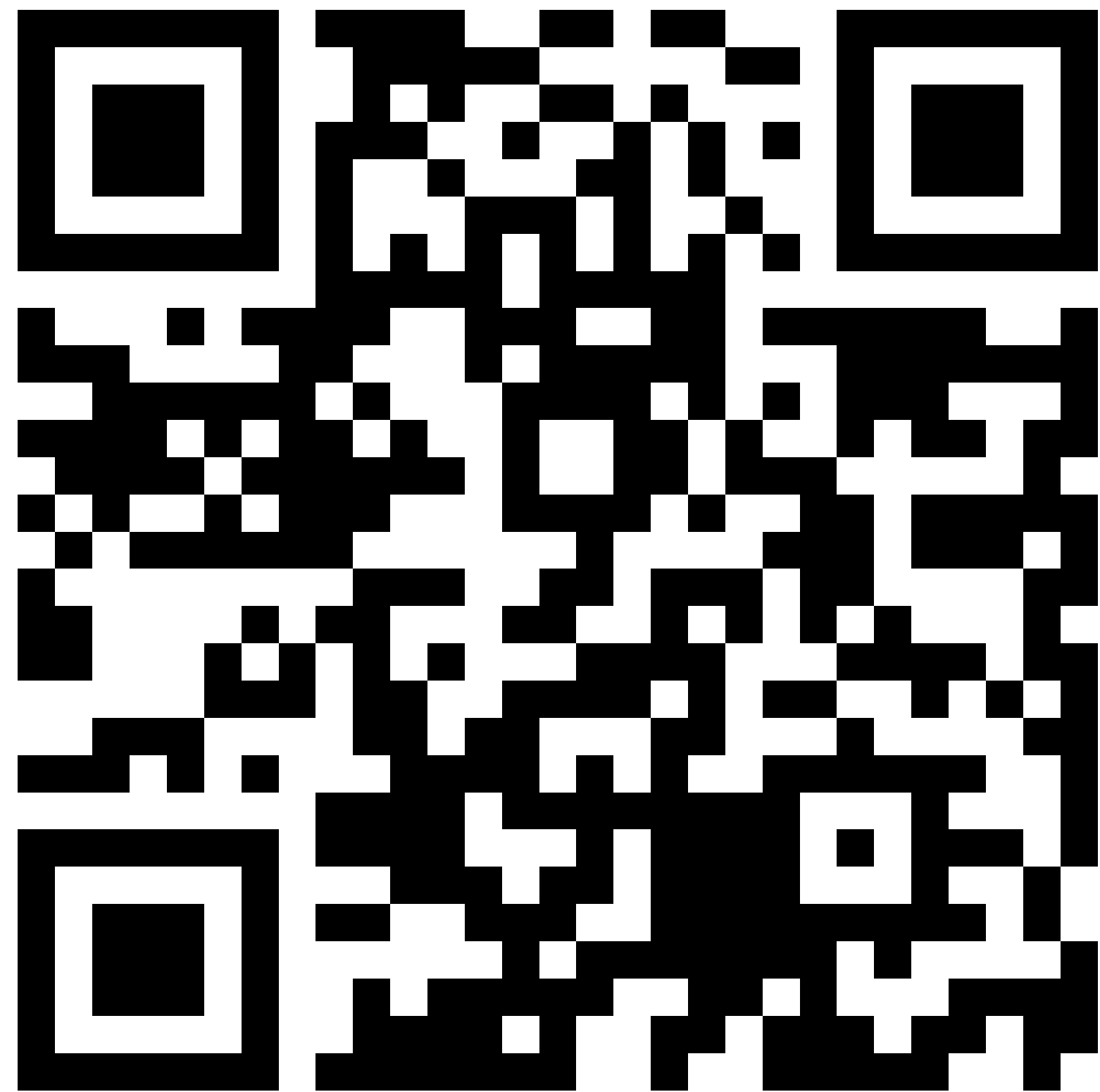
1 First Law (Inertia) – Objects in motion stay in motion unless acted upon by an external force. (Coasting vs. intentional effort in marriage!)

2 Second Law (Force & Acceleration) – The more force applied to an object, the faster it moves. (More love, effort, and growth = stronger marriage momentum!)

3 Third Law (Action & Reaction) – For every action, there's an equal and opposite reaction. Positive actions create positive responses in marriage!



THE FIVE LOVE LANGUAGES





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CHRIS



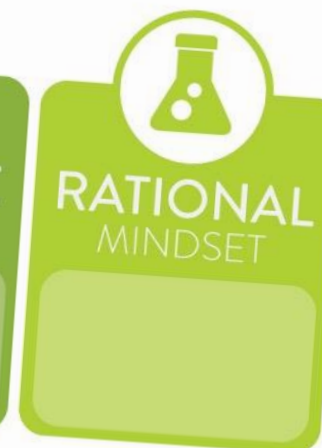
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MINDSET

What's your attitude toward marriage? Research reveals the course of your relationship will be impacted by the combination of your two mindsets toward marriage. Which of the five



ROMANTIC MINDSET

You approach marriage with more idealism than most. In some respects, you're living out your own romantic script with the "soulmate" of your dreams. In fact, you are nearly twice as likely as the average person to say, "There's only one perfect person for me." Love conquers all for you. You believe in a soul-to-soul connection that doesn't require much effort and you expect it to not only last forever but to bring you both unending bliss.



RESOLUTE MINDSET

You are a true believer when it comes to matrimony. In fact, you have the highest marriage motivation of any other category. You are more than twice as likely as your peers to say: "Divorce is not an option." You are marrying for life. You resonate with words like devotion, dedication, and commitment. More than others, you are likely to want to have children at some point, too. In fact, only 2% of Resolutes say they never want children.

HOW YOUR MINDSETS MESH

You don't share the same mindset, but you both share a passion for a loving marriage. The two of you bring together a combination of dedication and idealism. This can work well as long as both of you are sensitive to your differing attitudes and you're both willing to work as a team. A romantic mindset is often tempted to ignore real-life work because it doesn't fit their "love story." Yet the Resolute perspective can learn from the Romantic how to lean a bit more into the softer side of love. The key is honest discussions about your values and your commitment to each other – even when times get tough. That's not always as easy with a Romantic mindset, but it's crucial.

Bottom line? While you're not exactly a like-minded match, your prospects for life-long love are good. You'll have some differences to work out. But if you are willing to make some compromises and adjust some expectations (as noted later in this report) a bit you will learn from each other and build a life-long marriage together.



What do you think about your results?

What makes you feel good and what concerns you at this stage and why?

Refer to Chapter 1 of SYMBIS: "Have You Faced the Myths of Marriage with Honesty?"

SYMBIS
ASSESSMENT

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RESOLUTE MINDSET

Nat Avg. 22%
Our Avg. 94%



RATIONAL MINDSET

Nat Avg. 23%
Our Avg. 2%



ROMANTIC MINDSET

Nat Avg. 19%
Our Avg. 4%



RESTLESS MINDSET

Nat Avg. 22%
Our Avg. 0%



RELUCTANT MINDSET

Nat Avg. 14%
Our Avg. 0%



MINDSET



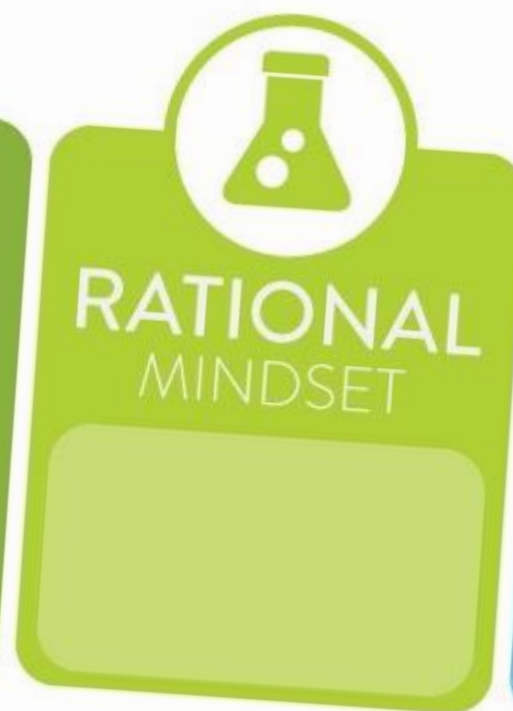
	RESOLUTE 22%	RATIONAL 23%	ROMANTIC 19%	RESTLESS 22%	RELUCTANT 14%
Marriage motivation	Highest	Moderate	High	Low for now	Lowest
Marriage theme	"Divorce is Not an Option"	"Marriage is Hard Work"	"We'll Live Happily Ever After"	"I Need More Time"	"Why Take the Risk?"
Expectation from marriage	Personal fulfillment	Bumps in the road	Lifelong love	Loss of independence	Loss of identity
Divorce Acceptance	No	It's an option	It's an option	As a last resort	Yes
Gender	Mixed	Mixed	67% Female	70% Male	Mixed
Age	Oldest	Older	Younger	Youngest	Average
Education	Highest	High	Lowest	In school	Low
Ethnicity	Caucasian	Highest Caucasian	Highest African American	Most ethnically diverse	Mixed





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SYMBIS
ASSESSMENT

3





WELLBEING

Your marriage can only be as healthy as the two of you. Exploring your wellbeing as individuals, as well as the wellbeing of your relationship, is vital to launching enduring love.



88%

INDIVIDUAL WELLBEING

97%



When it comes to your sense of self and your confidence in your abilities, you vacillate. At times you feel strong and sure of yourself but you also have just as many times when you feel unstable. Your self-esteem wavers.

By default, your age (over 25) puts you in an optimal zone for lifelong marriage. Ages 24 and younger are correlated with higher divorce rates.

You tend to be your own person who is likely to be more objective about your current relationship. As a result, you report having minimal unresolved issues or pain in relation to your parents. This sense of healthy autonomy will aid you in building a strong alliance in your marriage.

Abuse between parents
Partner's annoying habit
Depression

3

SELF
CONCEPT

MATURITY

INDEPENDENCE

CAUTION
FLAGS

You have a strong sense of yourself. You know who you are and you have confidence in your abilities. In short, you have a healthy self-concept that bolsters emotional health and wellbeing.

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0

None

91% RELATIONSHIP WELLBEING

LONGEVITY: The mere fact that you two have dated for less than two years puts you into an moderate caution zone for longevity. Dating for a minimum of two years correlates with the highest rate of marital satisfaction.

STABILITY: Because you characterize your relationship as being consistent, reliable, and dependable, with little turbulence or conflict, you are more likely to have practiced negotiation and compromise. You're stability bodes well for your marital readiness.

SIMILARITY: You share a great deal of your core values and this heightens your marital readiness.



When it comes to your individual as well as relationship wellbeing, what concerns you the most and why?

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SYMBIS
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CAUTION
FLAGS

0

None



Caution Flag	
Partner's habits	34
Abuse between parents	23
Body image	23
Abuse by someone	18
Unrealistic expectations	16
Anxiety	13
Stress	13
Depression	12
Addiction	11
Anger	9
Physical illness	8
Suspensions of partner's past	6



Partners Habits

- **Communication Style** – Talking over the other person, interrupting, or not listening attentively.
- **Financial Habits** – Impulsive spending, reluctance to budget, or different views on saving vs. spending.
- **Household Responsibilities** – Leaving a mess, procrastinating on chores, or not contributing equally
- **Time Management** – Chronic lateness, disorganization, or excessive work habits that interfere with quality time.
- **Personal Hygiene or Grooming** – Habits that might bother the other partner (e.g., leaving the bathroom messy).
- **Social Behavior** – Being overly social or too withdrawn in social settings.
- **Conflict Resolution** – Avoiding conflict, holding grudges, or reacting impulsively in disagreements.
- **Technology Usage** – Excessive screen time, overuse of social media, or prioritizing digital devices over real-life interactions.



National Average: 65%
Our Average: 85%

85 % RELATIONSHIP WELLBEING

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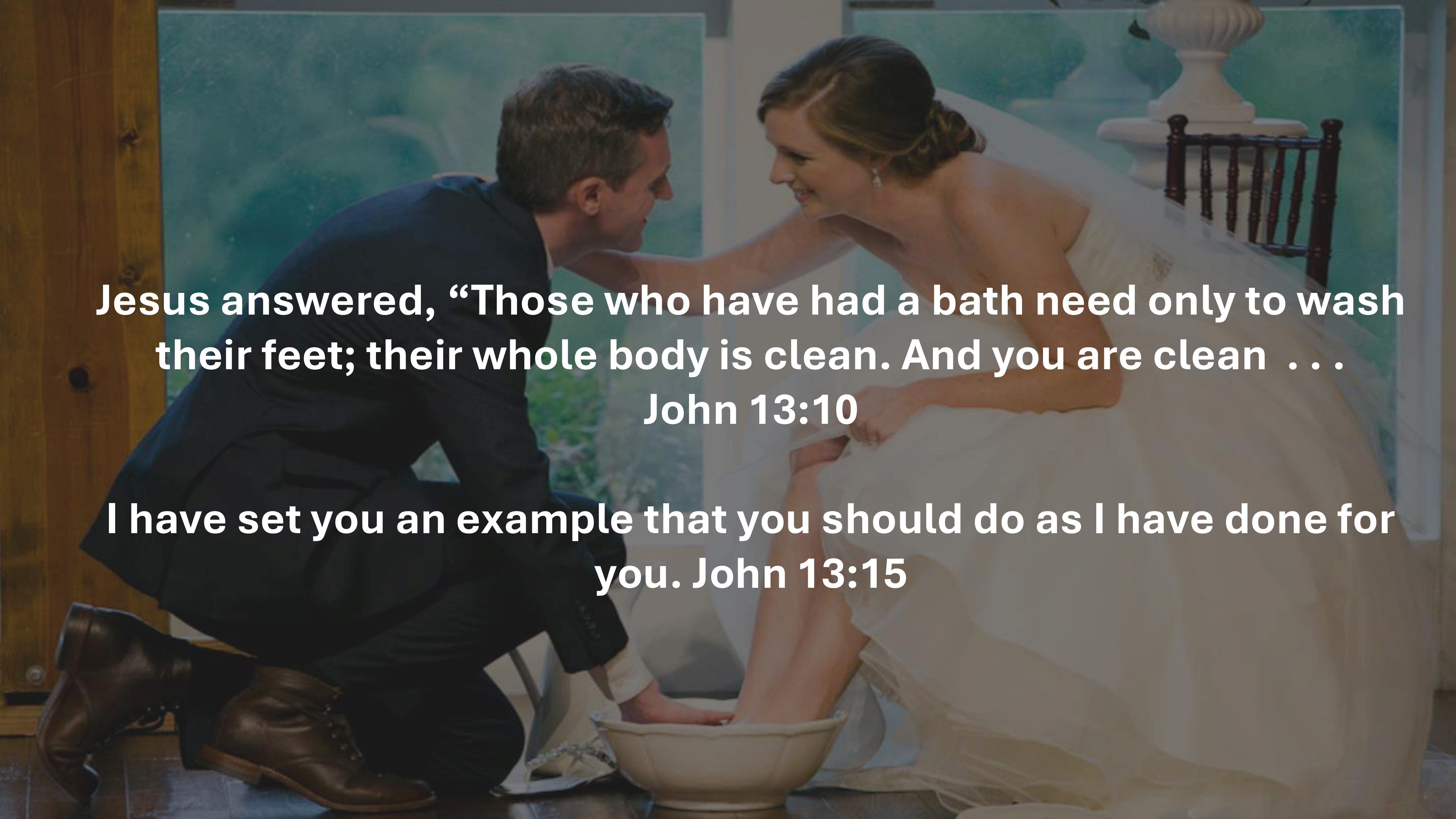
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A man in a dark suit is kneeling on a wooden floor, washing the foot of a woman in a white wedding dress. The woman is leaning over a white bathtub, and the man is holding her foot in a white bowl. The background shows a window with a view of a green landscape.

Jesus answered, “Those who have had a bath need only to wash their feet; their whole body is clean. And you are clean . . .

John 13:10

I have set you an example that you should do as I have done for you. John 13:15

Holy Covenant of Marriage

