



MONDAY February 23

Review:

I Am (John)

Bread of Life 6:35

Light of the world 8:12

The gate for the sheep 10:7

The Good Shepherd 10:11

The Resurrection and the life 11:25

The way the truth and the life 14:6

The True Vine 15:1

OPENING STORY (Chapter 2 Anchor) Begin seated. Soft instrumental pad.

Tell the story slowly: A boy who survived war... Years of rationing... Given a glass of milk... He asks: "How deep may I drink?" Pause.

Then add the line you want: "The relief worker looked at him and said, '**Drink as deeply as you need to.**'"

Let that sit. Then say:

"Tonight, Jesus is saying the same thing to you. Drink as deeply as you need to."

This sets the tone: permission, safety, invitation.

PART 1 — REFLECTION FROM CHAPTER 1

"WHERE DO YOU NEED TO DRINK MORE DEEPLY?"

LIFE LINE GAME: MOVING CLOSER TO GOD

Objective:

Men will move closer to God by offering and receiving spiritual life lines that help them move from a place of distance to deeper intimacy with Jesus. The lower numbers reflect closeness to God, while the higher numbers reflect a greater need for growth or deeper trust.



LIFE LINE GAME

SETUP:

Pick 10 or so of the questions from pages 18-19 (Relatability Scale)

1. Scale Setup:
 - **Put Numbers 1-10 on the floor**
 - 1 represents being closest to God—a place of deep trust, closeness, and intimacy.
 - 10 represents distance from God, where a man feels far, disconnected, or struggling to trust Jesus fully. **Where we have believed Lies.**
 - Read the statement and tell men to stand on the Number they circled in the book.
 - Each man places himself on the scale based on where he feels he stands today. Honestly.
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HOW THE GAME WORKS:

1. Initiating the Life Line:
 - The higher-numbered men out loud:
 - *“I want to move closer to God. I am struggling to trust Him in this area, Because **(30 seconds or less, Tell men to say it, but they don’t need to explain it)** but I want to grow deeper in my faith and trust.”*
 - This declaration sets the tone for the Life Line to be offered by a man on a lower number (closer to God).
2. Offering a Life Line:
 - A man on a lower number then offers a Life Line to the man on the higher number.
 - The Life Line will emphasize the truth of who Jesus is as the “I AM,” and help the higher-numbered man move closer to God.
 - Examples:
 - *“You can rely on Jesus as the I AM the Bread of Life, to feed your soul where you feel empty.”*
 - *“You can rely on Jesus as the I AM the Good Shepherd to lead you back to green pastures where He’s calling you.”*
 - *“You can rely on Jesus as the I AM the Light of the World to guide you out of the darkness.”*
3. AFTER THE I AM Statement they should give a word or suggestion on the how to take the step. (They should ask God to give them wisdom (responses should also be 30 seconds or less)



4. Receiving the Life Line:
 - The higher-numbered man then decides whether he accepts the Life Line.
 - If he accepts, he moves toward the lower number, symbolizing his desire to trust Jesus more fully and to move closer to God.
 - This physical movement represents a step of faith and a commitment to deeper intimacy with Jesus.
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ACTIVITY FLOW :

1. Opening:
 - Explain the scale to the group:
 - 1 = close to God, deep in trust
 - 10 = Believe this to be true in their life . . .
 2. Round 1 — Initiating the Life Line:
 - Higher-numbered men declare their desire to grow closer to God, saying: *"I am struggling, but I want to move closer to God in this area. Help me trust Jesus more fully."*
 - The higher-numbered man calls on someone on the lower number to offer a Life Line (or one volunteers).
 3. Round 2 — Offering Life Lines:
 - The lower-numbered man (who feels closer to God) offers a Life Line grounded in the truth of who Jesus is an **I AM Statement**.
 - The man offering the Life Line speaks words of life and encouragement to help the other man move closer to Jesus. (**Prophetic word or a suggestion of something to do.**)
 4. Round 3 — Receiving the Life Line:
 - The higher-numbered man then decides to receive it or not.
 - If He receives He moves one step toward the lower number on the Life Line.
 - The movement represents stepping toward deeper intimacy with God and accepting the truth of who Jesus is in that area of life.
 5. Repeat this process for multiple rounds, allowing men to offer Life Lines and take steps closer to God.
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KEY GAME ELEMENTS:

1. Men can **visibly see** that the closer they are to God, the **lower the number**. This adjustment aligns with the goal of **deepening trust and intimacy with God**.
2. **Life Lines as Acts of Compassion:**
The Life Lines represent **shared grace**, where the man offering a Life Line is essentially



becoming a **spiritual encourager** and **channeling the Spirit's power** to bring the other man closer to God.

3. **Physical Movement as a Step of Faith:**

When the man steps forward on the scale, it's not just an emotional decision, it's a **spiritual act of obedience** that physically demonstrates his **willingness to trust Jesus more** and receive deeper intimacy.

4. **Group Accountability:**

Watching the men move and hearing their **Life Line declarations** creates **community**. The group isn't just observing; they are collectively moving toward **greater trust** in Jesus, even if that means **vulnerable steps of growth**.

Part 2

I AM ENCOUNTERS

3–4 MEN Invite the guys you selected. Prompt for each (10 min or less)

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Part 3 Discussion Questions

(Pick a couple or only 1 depending on time. . .)

Here are some super powerful discussion questions based on the Kingdom Principle of Jesus as the Bread of Life. These questions are designed to dig deep into personal reflection, identify spiritual wolves, and encourage real-life transformation through action.

1. Understanding Jesus as the Bread of Life

- What does the metaphor of Jesus being the “Bread of Life” mean to you personally?
 - How does it change your view of spiritual nourishment and hunger?



- In John 6:32–35 and 48–51, the crowd seeks bread for physical satisfaction, but Jesus offers Himself for eternal fulfillment.
 - What are some things you’ve been chasing to satisfy your hunger that don’t truly fill you (e.g., comfort, success, approval, etc.)?
 - What would it look like to replace those things with Jesus as the true Bread that sustains life forever?
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2. The Real Hunger Beneath Our Habits

- What underlying hunger or longing do you think is driving the habits or behaviors that don’t satisfy you?
 - Jesus is offering Himself as the ultimate source of satisfaction. What deeper spiritual need is God exposing in your life?
 - How does your hunger for Jesus compare to your hunger for other things?
 - What do you hunger for the most: Jesus' presence, approval, success, or something else?
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3. Exodus Replay and the Manna Comparison

- In Exodus 16, God fed Israel with manna, but Jesus offers Himself as the true Bread.
 - What patterns do you see in your own life that mirror the Israelites’ longing for temporary bread instead of trusting in God's provision?
 - How are you tempted to seek out temporary satisfactions, just like the crowd sought after more bread, instead of trusting Jesus to meet your deepest needs?
 - In John 6, Jesus says, “I am the Bread of Life.” How does that declaration challenge your self-sufficiency and your tendency to rely on other things for fulfillment?
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4. Wolf Watch: Identifying the Wolves Around You

- What "wolves" are currently threatening to lead you away from trusting Jesus as the Bread of Life?
 - Circle one from the following:
 - Self-reliance
 - Control
 - Performance
 - Lust
 - Anger
 - Achievement



- Other: _____
 - When does this "wolf" show up the most in your life?
 - Is it during moments of stress, loneliness, conflict, or temptation? How does it pull you away from Jesus?
 - What is your next step to shut the door on the wolf and move back toward Jesus as your true Bread of Life?
 - What action can you take today to resist the pull of these wolves?
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5. Lesser Bread vs. Feasting on Jesus

- What is your "lesser bread" right now, honestly?
 - Reflect on the things you tend to reach for instead of Jesus to satisfy your hunger.
 - When does this "lesser bread" hit hardest for you?
 - Is it when you feel stressed, lonely, rejected, or tempted?
 - What would it look like to fast from this lesser bread and instead feast on Jesus?
 - What is one step you could take today to replace a numbing behavior with time spent feasting on Jesus through Scripture, prayer, or worship?
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6. The Manna Comparison: Jesus vs. Temporary Solutions

- Manna only lasted a day, but Jesus offers life that lasts forever.
 - In what ways have you settled for temporary solutions to satisfy your needs, and how has that left you still hungry?
 - Jesus doesn't just want to give us more bread for the day; He wants to give us eternal life.
 - How does this shift your thinking about spiritual nourishment? What does it look like for you to feast on Jesus daily rather than just seeking Him when you're in need?
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7. Real Hunger and Dependence on Jesus

- What part of your life do you need to surrender to Jesus and allow Him to be your Bread of Life?
 - Is there an area where you've been relying on something else (achievement, control, approval) instead of trusting Jesus to provide?
- Jesus said, "I am the Bread of Life."



- What does it look like to trust Jesus not only for physical provision, but also for your spiritual nourishment and intimacy with God?

8. Bold Brave Step: Fasting and Feasting

- What is one "lesser bread" you can fast from this week to feast on Jesus instead?
 - Choose one thing to give up (TV, scrolling, food, etc.) and replace it with intentional time receiving from Jesus as the Bread of Life.
- During your fast, what will you replace it with in terms of feasting on Jesus?
 - Will it be reading John 6:35, praying for deeper trust, or reflecting on God's provision?
- What action step can you take after your fast to reflect your dependence on Jesus?
 - What specific obedience step can you take (e.g., confess, pray, set a boundary) that shows you are feasting on Jesus instead of your "lesser bread"?
- Where do you sense God is inviting you to experience more of His sustaining presence today?
 - How can you step into deeper trust and dependence on Him for your real hunger rather than the temporary things you've been turning to?

PART 4 Closing: Giving from the Abundance we receive

The Bread of Life I Am statement follows the Feeding of the 5,000.

Notice a few things:

1. John 6:8 –9 who first offered a Solution?

8 Then Andrew, Simon Peter's brother, spoke up. 9 "There's a young boy here with five barley loaves and two fish. But what good is that with this huge crowd?"

2. Who were to instruct the people in How to receive? Did Jesus tell the People what to do? John 6:10

"Tell everyone to sit down," Jesus said. So they all sat down on the grassy slopes. (The men alone numbered about 5,000.)

He didn't tell everyone to sit down, He told His disciples to tell them.



3. **Who did Jesus give the bread to and what were they to do? Matthew 14:19 (NIV)**

*“And he directed the people to sit down on the grass. Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. **Then he gave them to the disciples**, and the disciples gave them to the people.”*

4. **What does this imply for us Today as we receive more full the Bread of Life**

5. **There is an Abundance awaiting**

John 6:

12 After everyone was full, Jesus told his disciples, “Now gather the leftovers, so that nothing is wasted.” 13 So they picked up the pieces and filled twelve baskets with scraps left by the people who had eaten from the five barley loaves.